

Propositions for Pančić Uphill-Downhill Mix Score Relay (stage 4), which will be separately ranked for "The Cup of Raska 2017"

The type of the stage is a Mix Score Relay. The relay consists of two competitors, one male and one female member, who can perform in the categories: cadets, juniors, seniors, younger veterans and senior veterans. The order of the competitor is arbitrary. Team members may be from the same or from different clubs, choosing category in accordance with age, as follows:

- Cadets - from 16-17 years old
- Juniors - from 18-20 years old
- Seniors - no limit in age
- Younger veterans - aged 35 and older
- Older veterans - aged 45 and older
- Open category - open to all participants who are not able to fit into the offered competition categories. Within this category it is possible to perform and individually, in the chosen direction (Uphill or Downhill). For competitors running individually, it is necessary during application, to emphasize in which direction they want to run. Start for a group of individuals running Uphill will be mass, along with the start of the competition categories. Start for a group of individuals running downhill will also be mass, at a specific time. No winner will be declared for this category.

For the age of 12-15 years, it is recommended that competitors perform within cadets or open categories, as a second change that will run downhill or in the case of individual performances, to run downhill direction.

Start is mass. The first change runs towards the top of Kopaonik - Uphill (start from the valley of sports). Second change is waiting on Pančić's top (where he/she will be exported by Pančić ski lift before the start of the relay) and runs Downhill to the finish line.

Both competitors will use the same Si-card, which the first competitor hands over to another when changing. Each team's goal is to find and verify at a predetermined time as many control points as possible, in the order for which competitors themselves decide. The control points will, depending on the distance in relation to the imaginary lines that connect the start, the place of the change and the finish arena, as well as the technical difficulty of finding, bring the team a different number of points. The competitor maps will show the "value" of the control points. Same "value" control points will be colored same.

In competition categories, the estimated time will be defined for relay (and not for individual changes). In the open category, the estimated time will be defined for relay, and especially for each direction for competitors who perform individually.

For exceeding the estimated time, negative points will be obtained. The winner is a relay which wins the highest number of points.

You apply for the Relay by registering for stage 4, within standard applications for the competition at <http://www.orienteingonline.net/CompetitionBasicInfo.aspx?CompetitionID=2962>

If not directly filled on orienteering online within entry date 3, subsequently, by Thursday, July 6th, 2017. on the e-mail info@kopaonikopen.org it is necessary to submit:

1. The name of the relay (name must be unique - use your imagination)
2. Category
3. Si-card number for relay (one for the team)
4. Relay composition (first change is running Uphill)
5. For individual performances, direction is mandatory to be stated - Uphill or Downhill (if the direction of movement for individual performances is not emphasized, we will apply for the treatment as Uphill)